



WHY DO SOME DIETS WORK FOR OTHERS BUT NOT FOR YOU?

You are unique and your meal plan should be too!

The **GENEDIET™** test shows your genetic weaknesses that increase the risk of becoming overweight and it also sets out ways to manage your weight effectively based on your DNA results.

Are you born with:

- certain eating behaviours e.g. emotional and binge eating or 'addictive' behaviours,
- a genetic lack of fat burning,
- a slow metabolism,
- little response to physical exercise during weight loss efforts,
- tendencies to insulin resistance,
- vitamin and mineral needs above the RDA (Recommended Dietary Allowance),
- susceptibility to hunger and a sweet tooth,
- dietary fat or carbohydrate sensitivity?

The **GENEDIET™** test gives recommendations, including the type of diet and exercise best suited to your genetic profile.

GENEWAY™ tests give you and your Health Care Professional the information and tools needed to approach your weight management with precision.

Know what your body needs and get tested today with **GENEWAY™** - because genes matter.